



Fitness & Recreation Educator

MISSION STATEMENT

Rainbow Acres, a residential Christian community with heart, empowers persons with developmental disabilities to live to their fullest potential with dignity and purpose.

JOB TITLE: Fitness & Recreation Educator

DEPARTMENT: Programs

REPORTS TO: Programs Manager

EMPLOYMENT STATUS: Non-exempt, Part-Time; potential for some weekend hours.

DATE: December 2025

SUMMARY: The Fitness & Recreation Educator is responsible for encouraging healthy life long habits for our residents (Ranchers) through the creation of a robust fitness program. He/she works collaboratively with members of the Academic Team to design classes and activities that drive the achievement of Ranchers' goals. The Fitness & Recreation Educator fosters a safe and fun environment; monitoring the Ranchers to ensure activities are performed in a safe manner. He/she ensures equipment is in good working order. This is a safety sensitive position.

REQUIREMENTS:

- High School diploma or GED with two years of experience leading a recreation, fitness, or sports programs; or four year degree and/or certification in applicable area; or a combination of qualifications demonstrating aptitude in recreation, sports, fitness, or adult leisure activities.
- Evidence of strong ethical standards and moral character is essential along with sensitivity to the needs of the Ranchers. Strong Christian commitment desirable.
- Valid Arizona Driver License and ability to safely operate a vehicle.
- Possess basic word processing, computer skills, and use of standard office equipment.
- Ability to obtain and maintain an Arizona level one Fingerprint Clearance Card, pass an online background check, pre-employment physical and drug screen, TB test, reference check, compliance with vaccination requirements.

PROFESSIONAL RESPONSIBILITIES:

1. Support Educational Programming

- Collaborate with the education team to plan and deliver engaging classes in fitness and wellness.
- Facilitate activities that include the use of resistance bands, light weights, circuit training, etc.
- Facilitate activities involving nutrition and wellness, and mindfulness and reflection.
- Assist in implementing creative learning experiences that promote personal growth and social development

2. Equipment Care & Coordination

- Maintain and organize equipment and accessories used in classes.
- Report equipment issues and coordinate repairs or replacements.



- Schedule routine maintenance where needed to ensure readiness for class instruction.
- 3. Supervise any staff/volunteers assisting in the fitness room
- 4. Supervise ranchers while attending fitness and/or wellness outings.
- 5. Support the achievement of resident goals; participating in the CQI process as directed
- 6. Ability to actively engage individuals with Special Needs.
- 7. Plan, assist, and supervise ranchers in exercise and activities such as bocce ball, basketball and ping pong.
- 8. Provide support to ranchers who participate in Special Olympics.
- 9. Maintain inventory lists and order necessary supplies
- 10. Maintain detailed records including:
 - weekly curriculum
 - rancher participation in programs
 - incident and fall reports
- 11. Other duties as assigned

PHYSICAL DEMANDS:

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. While performing the duties of this job, the employee is frequently required to stand; walk; have great dexterity of hands and arms; stoop; kneel; and talk; or hear. The employee may be required to lift and/or move up to 50 pounds.

WORK ENVIRONMENT:

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. The working environment is generally an indoor setting. Outdoor setting for sports events may include heat, cold, wind, and sun for outdoor sports.